APNU-AFC

Together for National Unity

Mashramani Day 2015
FEATUER

86th Birth Anniversary of Hugh Desmond Hoyte

Hugh Desmond Hoyte was Guyana's second Executive President. He was born in Georgetown on 26th March 1929 and died on the 22nd December 2002. He studied law at London University, and was called to the Bar. He was appointed Queen’s Counsel in 1969. At about the same time he had been invited by an old friend and mentor, People's National Congress Founder Leader, Forbes Burnham, to act as an adviser to the PNC and the trade unions linked to it, and he remained involved in active politics until his death.

A cultivated and austere figure, whose name was never associated with any hint of scandal, Desmond Hoyte had many interests outside politics, including music (he was an accomplished pianist) and cricket. He also took an abiding interest in environmental issues, and was instrumental in creating the great Iwokrama rainforest project in the interior of Guyana. Today, New Nation remembers and salutes him on what would have been his 86th birthday. Happy Birthday!

To honour this great statesman, the Hugh Desmond Hoyte Commemorative Committee will be hosting a lecture in the Savannah Suite of the Pegasus Hotel on the 12th March 2015 under the theme, “The Policies of Desmond Hoyte: Gender and Racial Inclusivity and Good Governance.” The presenter of this lecture will be Mrs. Supriya Singh-Bodden, a former member of the Central Executive Committee, one of the Founders of the Reform component of the Party and Founder of the Guyana Foundation.

Tribute to Dr. Faith Harding

It was with great sadness that the People’s National Congress Reform learned of the passing of Dr. Faith Harding. She was a long serving member of our Party and served in its highest councils. She was also a passionate activists who held very strong views on matters facing our nation.

Dr. Harding’s unwavering passion and commitment to national issues, saw her working tirelessly towards addressing youth and women related issues. She was born on October 5, 1947 to proud parents Egbert and Beryl Blackmore. Dr. Harding is the sixth child of a very closely knitted family which consist of three brothers and a similar number of sisters.

From a very tender age, Faith displayed a love for academics and so it was by no surprise or accident that she excelled academically. She attended St. Ambrose and St. Stephen’s primary schools in Georgetown, the Guiana Education Trust High School and was an enthusiastic learner who enjoyed English Language, English Literature, Religious Knowledge, History and Science.

Faith’s introduction into politics also came at an early age through a close bond and relationship with her uncle, the late Andrew Jackson who was the president of the Post Office Telecommunication Workers Union. Her uncle played a very pivotal role in her life after her father died when she was only nine years old. Uncle Andrew as

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APNU is committed to National Unity

A Partnership for National Unity (APNU) renews it resolve to continue its work to achieve national unity in Guyana. APNU firmly believes that a Government of National Unity is the first step in realizing the vision of an inclusive, just and equitable society. The economic, social and psychological benefits will be numerous. Such a government will enable the Guyanese society to attain its full potential. It will unleash the creative drive of all of our people and release the energies of investors (local and foreign), workers and farmers.

APNU has never ceased to pursue the ideal of national unity. We have avoided the adoption of superficial solutions which do not involve the masses of our people and which do not resolve the deep seated prejudices which impede national unity. The Partnership is guided by the sage warning that an understanding or compromise between leaders is no guarantee of unity amongst the rank and file unless there is a serious and honest attempt to spread the message of unity further down. Each group, as a condition of support, will look at its leaders to further its own narrow cause, no matter how unreasonable it may be in the context of the national cause and interest.

APNU recognises that the political, economic, and social situation in Guyana has changed over the years but the need for national unity still persists. Our multi-party partnership (we believe) allows us the best means of achieving national unity. This is the grand mission of APNU, and we will not relent in its endeavour to remove all impediments to national unity.

The psychological benefits of national unity and such that social tension is minimized and social cohesion is maximized. Enhanced inter-communal harmony, improved morale and an increase in general social and political stability can translate into important economic benefits for all Guyanese. Equally important benefits will derive from the elimination of discrimination in such areas as access to land and house lots, job promotion, tax incentives, and access to capital etc.

National Unity is an imperative in Guyana’s current fragile political, social, and economic circumstances. In a plural society like ours, there is a clear choice between the uplifting benefits of cooperation and the downside of destructive political competition. The time has come for all Guyanese to make the right choice, the choice to see realized the dream of national unity, under the banner of A Partnership for National Unity.

APNU, therefore, renews its resolve to work along with any agencies, organisations, persons and political parties in order to achieve the ideal of forging unity among the people of Guyana.
By Ashlee Cox

Published in the BARRADOS ADVOCATE, 7th February 2015

When it comes to the idea of Barbados and the Caribbean looking to invest in Guyana, Brigadier (Retired) David Granger, MSS, MP, Opposition Leader for Guyana, has noted that the door is indeed open. “The door is open, there is no hindrance, there is no obstruction and we hope to facilitate this kind of investment. As you know, there are many Chinese investors coming into the Region at present and Guyana has a very big market. I believe we have a 1100 km long border with Brazil, there are a lot of Brazilian miners, the Russian miners in the bauxite industry, so why not Caribbean investors?” he noted, as he spoke to the media during a brief press interview preceding the launch of the inaugural Caribbean Congress of Community Practitioners, which was held recently under the theme, “Unlocking the Region’s Future”.

As noted by Granger, they welcomed the Caribbean investment and it would be one of the policies of the A Partnership for National Unity (APNU) Administration to encourage greater Caribbean investment. “We feel that Guyana is a good destination, with some issues that our party will resolve, particularly security, but in terms of investment, the door is open,” he noted. According to Granger, who is confident that his party will win this upcoming elections, on May 11 of this year, there were two things he would hope to strengthen, which would be education and the Caribbean integration ties as it pertained to economics. “We have lost a lot of our educated professionals through migration and we believe that one of the most important elements of our new policy, under Partnership for Nationality, would be to strengthen education ties with the rest of the Caribbean. We also aim at strengthening economic ties, because we feel that the thrust of Caribbean integration has slowed and Guyana is huge country, in comparison to the other Caribbean territories and we feel that some of our economic resources could be deployed to give the Caribbean as a whole, a greater thrust towards integrating their economies,” he stated.

As explained by Granger, many Caribbean countries were suffering from youth unemployment and such a thrust in the areas of education economic would assist in solving those issues.
H. D. Hoyte Commemorative Committee

presents

DESMOND HOYTE
6th Commemorative Lecture

Thursday 12th March 2015
Savannah Suite
Pegasus Hotel
5:00 pm

Presenter:
Mrs. Supriya Singh-Boddien

TOPIC:
“The Policies of Desmond Hoyte: Gender and Racial Inclusivity and Good Governance.”

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Chairman of A Partnership for National Unity (APNU), Brigadier David Granger has begun a series of listening engagements with young professional and academics. The first engagement was held on the 12th February at the Office of the Leader of the Opposition, Hadfield Street, Georgetown.

Twenty-four young professionals between ages twenty to thirty-five, met with Brigadier Granger and shared their views and concerns with him. In a frank and lively exchange many critical aspects of governance, human rights, corruption and the inequitable distribution of wealth were discussed and the APNU Leader was informed of the changes that young people are expecting from an APNU administration.

Brigadier Granger answered questions and in brief remarks shared his vision of a new Guyana devoid of the ‘winner take all’ style of politics and the establishment of a Government of National Unity where all sections of society would have a seat at the table. He urged those gathered to get involved in the political process at the local and national and advised that the local government system was a good place for young people to serve their apprenticeship before seeking higher office.

The multi-discipline audience included a Physician, Attorneys, Engineers, IT specialist, Teachers, Journalists/Writers, among others.

The APNU Leader plans to continue his listening engagements with young professionals as part of the Partnership’s preparation for assuming the reins of Government after the May 11th General and Regional Elections.

The People’s National Congress Reform is pleased to extend greetings and good wishes to all of the people of Guyana as we celebrate the 45th Anniversary of our Republican status.

The anniversary of the Republic, apart from the national celebration of Mashramani, is an occasion for reflection and assessment of the state of our nation, 45 years after Guyana was declared a Republic. In that regard, it must be evident to all that we, as Guyanese, need to undertake a frank and honest evaluation of whether our nation is headed in the direction that would bring us all, particularly our young people, progress and prosperity.

Our Party has joined our partners in A Partnership for National Unity to declare and dedicate our energies to making 2015 the Year of democratic renewal. However, we are conscious that, as a nation, we are challenged to remove the threats posed by the scourge of criminality and violence; corruption; the continued lawlessness in high places; the intolerance of views, other than those expressed by the Administration; all of which contribute to infusing a sense of despair and the feeling of hopelessness that is currently affecting the young people of this nation.

This is an Election year and we urge all Guyanese, especially the youth of this nation to vote on Election Day, 11th May 2015.

Accordingly, the PNCR wishes all of the Guyanese people a Happy Republic holiday, and a joyous celebration of Mashramani, as we pray that the spirit of peace, love and unity will dwell among us on the 45th anniversary of our Republic.
Sports dentistry

The dynamic panorama of sports in Guinean society, especially cricket, football and boxing, is an exciting arena but can be a dangerous one. In the diversity of sporting activities available that span all levels of athletic competition from youngsters learning the concept of teamwork and developing the basic skills of the game, to adult professional athletes all share in the benefits derived from participating in organized sports. Hence, in the so-called developed countries there is a field known as sports dentistry.

Sports dentistry deals predominantly with impact type injuries of various kinds. These occur when the sports participant, another participant, a piece of apparatus such as a bat or stick, or a projectile such as a ball is in motion. Injury can occur at fast or at slow speeds. A cricket ball can approach 90mph which may put a player at significant risk, as can contact with a fast moving elbow when going for a rebound in a vigorous game of basketball. Conversely, a tackle from a horse can result in serious trauma.

While the broad scope of sports injuries of concern to the dentist can occur in any sport, an awareness of the pertinent extrinsic factors can be of value in the prediction of types and severities of injury.

Fractures of the permanent teeth and supporting bone are maximized by low velocity injuries such as falls. High velocity injuries, on the other hand, have a tendency to produce fractures of horizontal nature to the crowns of the teeth.

Fast-moving team sports would appear to predispose to dental injury as a result of collisions. The same is true for those sports that use projectiles such as balls or some form of stick. As would seem obvious, blows from hard objects impacting over a small area of bone have a greater potential of fracturing the bone than do softer objects that distribute their loading forces. Bats, hockey sticks and similar sports armamentaria are associated frequently with soft tissue lacerations and contusions as well as displaced comminuted type (bone crushing) fractures.

On the other hand, collision injuries from head blows, elbow or arm hits, or from kicks, generally produce less soft tissue damage but can still lead to displacement fractures if these forces impact against a small area of bone.

Temporary teeth when hit tend to shake and become loose while permanent teeth tend to crack or break. With the increased in body size due to additional weight. Research with protrusive upper front teeth must be considered with the dentist to be at substantial risk for dental injury, regardless of the individual’s sports history or intention for sports participation. Unfit sports participants would be more prone to injury than those who are fit.

Because we do not have dentists who are specialists in sports dentistry, it is of special importance that athletes devote some time to learn and execute preventative methods against injury.

Robert McGreggor

Sports dentistry

The green miracle drink from China made its way long ago into the mugs of people all across the world for its touted health benefits. From a weight loss aid to targeting diabetic cancer, green tea has evolved into a medicinal drink that caters to a myriad of illnesses. The reality is there are surprising benefits to reap from this magical drink in just one cup.

Here are surprising health reasons why you should go green and let it be your cup of tea:

1. Combats Allergies
Green tea may need to be added to your allergy season arsenal. Drinking the green liquid may provide some relief, as it’s been proven to be anti-allergic; a specific compound, epigallocatechin gallate (EGCG), appears to be the most potent. This is the first time a methylated form of EGCG can block the IgE receptor - the key receptor involved in an allergic response. It can elicit a stronger anti-allergic response than normal EGCG, which makes it the strongest anti-allergen compound found in tea. Quercetin, a naturally occurring flavonol in tea, can also alleviate a histamine response.

2. Boosts Eyesight
Carrots have long been associated as a food that promotes good eyesight, but science suggest there’s a new kid on the block. The antioxidants found in green tea can actually penetrate the tissues of the eyes and produce antioxidant activity. Catechins, an antioxidant in green tea, are capable of being absorbed into the tissue of the eye. Green tea can actually prevent cataract-induced blindness. Researchers saw different parts of the eye absorbed varying amounts of catechins, with the highest concentration of this antioxidant found in the retina of lab rats fed green tea extract. The area with the least absorption of catechins was the cornea. These findings suggest that drinking green tea could serve as a protective measure when it comes to eyesight, but its effects have yet to be confirmed in humans.

3. Lowers Cholesterol
The access to greasy foods puts your health at risk for heart-related complications like high cholesterol. Replacing unhealthy snacks and drinks with green tea could actually help keep your cholesterol levels at bay. Green tea’s powerful antioxidant, EGCG, is believed to inhibit the absorption of cholesterol from the large intestine. Green tea consumption significantly lowered the total serum cholesterol and LDL cholesterol across 14 randomized controlled trials of over 1100 participants. Overall, green tea intake led to significant reductions in total cholesterol - 7.2mg/dL and mean low-density lipoprotein (LDL) cholesterol (2.19mg/dL). Research suggests drinking five cups of green tea per day will provide the biggest reduction in cholesterol.

4. Promotes Healthy Gums And Teeth
Drinking tea has been given a bad reputation for its staining effect on your teeth. The hot beverage contains tannic acid, which is what gives tea its dark-like color. However, the consumption of green tea can actually be beneficial when it comes to your oral health. Regularly drinking green tea can reduce symptoms of periodontal disease, possibly due to the presence of catechin. Catechin reduces inflammation in the body, and therefore, interferes with the body’s inflammatory response to periodontal bacteria. Its ability to control bacteria and lower the acidity of saliva and dental plaque makes it useful for preventing cavities and other indicators of poor oral health.

5. Wards Off Oral Cancer
Green tea has been known to target pancreatic cancer, and most recently oral cancer. Its strongest antioxidant, EGCG, is able to help kill cancer cells through destruction of the cells’ mitochondria, and may even become a possible alternative to the debilitating chemotherapy.

6. UV Protection
You may want to add a packet of green tea in addition to sunscreen and sunglasses when you visit the beach. The catechins in green tea can actually make the skin more resistant to the effects of UV rays and therefore premature skin aging. They can also lead to reduced skin redness after UV exposure. A relatively low dose (540 mg) of green tea catechins each day along with 50 mg of vitamin C for 12 weeks, or two cups of green tea a day, may provide the biggest reduction in skin aging. They can also lead to reduced skin redness after UV exposure. A relatively low dose (540 mg) of green tea catechins each day along with 50 mg of vitamin C for 12 weeks, or two cups of green tea a day, may provide the biggest reduction in skin aging. They can also lead to reduced skin redness after UV exposure. A relatively low dose (540 mg) of green tea catechins each day along with 50 mg of vitamin C for 12 weeks, or two cups of green tea a day, may provide the biggest reduction in skin aging. They can also lead to reduced skin redness after UV exposure. A relatively low dose (540 mg) of green tea catechins each day along with 50 mg of vitamin C for 12 weeks, or two cups of green tea a day, may provide the biggest reduction in skin aging.

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Let it be your cup of tea:
A Partnership for National Unity (APNU) is continuing its outreaches to hinterland communities in preparations for the upcoming May 11th elections. On Saturday 14th and Sunday 15th February, the Partnership conducted outreaches to the East Berbice-Corentyne Region, the Cuyuni-Mazaruni and the Potaro-Siparuni Regions.

A team of APNU Regional Councillors and campaign staff led by Mr. Carl Greenidge visited the villages of Orealla and Siparuta on the Corentyne River (Region No. 6). The team held a public meeting at Siparuta and did a 'walk about' at Orealla.

Dr. George Norton along with Regional Chairman of the Cuyuni-Mazaruni Region (Region No. 7), Mr. Gordon Bradford conducted walkabout and public meetings in Riverview on Sunday 15th February and at Bartica on Saturday 14th February. Both meetings were well attended.

APNU Member of Parliament, Mr. Ronald Bulkan and a team of APNU regional leaders visited the Potaro-Siparuni Region, (Region No. 8). During the two day visit to the region, the team attended the village meeting at Campbeltown and held a public meeting on Saturday evening at the Mahdia playfield. House to house visits were done in Mahdia and the surrounding villages. An APNU campaign office will be opened at Mahdia in the coming days.
Megan Elsa Pamela Davis-Elliott - Born 20th December 1939; Died 4th January 2015:

The People’s National Congress Reform pays tribute and honours the memory of our dear departed sister, Megan Davis for her service to the Party and the people of Region No. 3.

An articulated and accomplished woman leader who developed exceptional organizational skills through diligent study and her willingness to learn from others, Megan was inspired by and took up the mantle of leadership from distinguished first generation women leaders like Jane Phillips-Gay, Winifred Gaskin, Margaret Ackman and Viola Burnham.

She joined the PNC as an ordinary member in the 1960’s and rose from the level of community development worker, through the ranks as a Party activist at the Group and District levels, to the position of Party Coordinator and Regional Supervisor. She also held the post of Regional Vice Chairperson of Region No. 3 for seven years (1985 to 1992) and worked in several leadership roles with the PNC Women’s Auxiliary, the Women’s Revolutionary Socialist Movement (WRSM) and the National Congress of Women (NCW).

This vibrant and revered woman possessed the unique gift of inspiring persons in her community to achieve the goals set out by the Party at all levels of leadership. She displayed her leadership style of getting people to work together through compromise and consensus, and not conflict.

Megan worked successfully and respectfully with towering male Party figures in Region No. 3 such as Conrad Wrights, Angad Rupee, Abel Felix, Joseph Drakes, Wisland Parks, Abdul Sattaur and Fazil Rayman, and never faltered but was more resolute to forge a united Party whose cause was paramount.

When the WRSM was organized in 1976, Megan used her skills to bring together new units of the Women’s Revolutionary Socialist Movement which was a challenging task. As a result the membership of the WRSM expanded and new groups were established throughout Region No. 3.

As the Party mourns the loss of a dear and dedicated comrade, we are confident of her legacy of service will inspire other women especially the younger ones to emulate her attributes and work steadfastly for the Party’s development and progress.

The Party offers its sincere condolences to her children, Shaundell and Steve, other relatives and friends and records its appreciation of her service to the Party and country.

May her soul rest in peace and rise in eternal glory!

Volunteer Now! Go to www.apnuguyana.org/volunteer or Give us a call today on 592 231 2641-4

LEGAL CORNER

Did you know:

That the Vision of A Partnership for National Unity (APNU) is The creation of a Guyana in which citizens can live productive lives free from the ravages of poverty, are secure in their homes and in their communities, and are able to enjoy the benefits of political and cultural liberation.

Statement of Core Principles:

- The parties, organisations and citizens that comprise the Coalition are committed to the reasoned and peaceful resolution of conflicts and reject all forms of violence as means for the settlement of disputes.
- Members of the Coalition will be open to all Guyanese parties, organisations and citizens who subscribe to these core principles and to its social, political and economic programme; Members of the coalition will be steadfast in their rejection of discrimination in all forms;
- Members of the coalition will actively promote a healthy political and democratic culture in their workplace, their places of worship and recreation and in their organisations;
- In the making of decisions members of the coalition strive for consensus and show respect for dissenting views;
- Members of the coalition will defend, at all times, the sovereignty of Guyana.

The OSHA provides for registration and regulation of all industrial establishment and occupational safety and health of persons in the workplaces. Hence, factories, shops, logging operators, banks, corporations, homes where domestics and other types of workers work, are all covered by the OSHA.

You may also file a complaint with the Ministry of Labour. You cannot be dismissed for doing so. This protects you later if you find you were injured more seriously than you thought. Your employer also has a duty to report it to the Ministry of Labour which enforces the law and to provide information when treatment is required in the event of an accident. If you are injured at work or become ill as a result of inadequate safety precautions, you can sue your employer for damages. You will need legal help with this.

In order to get some compensation or damages for injury, ill health or death of a close relative at work, you or the person acting for you will have to prove the following to the court; that the employer breached his/her duty to the worker by failing to take reasonable care; and that the injury occurred as a result of this breach of duty and the provisions of the law.

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